

Radiesse Pre and Post Instructions:

Pre-care and precautions:

1. No Aspirin, NSAIDs, such as ibuprofen, or Advil, Coumadin or Warfarin 7 days prior to your treatment. Please contact your prescribing physician if taking those medications.
2. No green tea, ginseng, ginkgo, or fish oil for 7 days prior to your treatment.
3. No alcohol for 24 hours prior to your treatment
4. Inflammatory skin conditions such as active herpes simplex, etc.
(needs pre medication)
5. Scleroderma
6. Sarcoid
7. Diabetes must be well controlled
9. Pregnancy
10. Impaired immune system
11. Scleroderma.
12. Any harsh cosmetics for 24 hours prior to treatment -- salicylic acid, glycolic, retinol or Retin A
13. Please use SPF 30+ every day on all treatment areas.
14. Start your Pre/Post Care kit 3-4 days prior to your treatment to minimize bruising and swelling

Radiesse Post Treatment Checklist

1. Apply an ice pack or cold compress to the injection area after treatment to help reduce swelling. If swelling or redness persists too long please contact us.
2. It is normal to feel "firmness" in your injection area for the first few days after the treatment. Over time, the area will soften, leaving you a soft, natural looking result.

3. Many Patients return to the normal routine/activities immediately. We recommend no cardiovascular exercise for 24-48 hours to reduce swelling.
4. Makeup may be applied shortly after treatment if no complications are present. Apply make up gently, avoiding strenuous rubbing the injection area. Use clean make-up sponges only to prevent the possibility of infection.
5. The injection area may also be gently washed a few hours after the treatment, avoiding aggressive scrubbing or rubbing. Gentle skin care products may be used, avoid vit C, glycolic, salicylic, acidified amino acid gel, Retin a , retinol for 24-48 hours after the treatment.
6. Avoid UV exposure, use SPF 30 every day
7. Immediately report any worsening or persisting symptoms or side effects to your physician
8. Start using Auriderm post kit immediately. The cream may be used up to 6 times a day and tablets, 4-6 times a day.

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